

MARCH 2023

CURLEW SCHOOL

Milk and a variation of a fruit or vegetable is offered with every meal. Cereal is offered at breakfast.

This institution is an equal opportunity provider.

Monday



Tuesday

Wednesday

Thursday

Friday

**Pork Chop Casserole,
veggie & fruit**

Breakfast bar & fruit

**Chicken Caesar Pasta
Salad, hot roll
& fruit**

Cougar muffin & fruit

COOK'S CHOICE

Cheese Toast & fruit

Chicken Gyros & fruit

Omelet & fruit

**Beef Stew, hot roll,
veggie & fruit**

Cornbread & fruit

**Spaghetti, hot roll,
veggie & fruit**

French toast & fruit

Chicken Fajita salad & fruit

Biscuits & Gravy, fruit

COOK'S CHOICE

Maple Bar & fruit

**Chicken Nuggets, hot roll,
veggie & fruit**

Bagels & fruit

**Tomato Ravioli Soup,
hot roll & fruit**

Yogurt, granola & fruit

**Chili, cornbread, veggie &
fruit**

Waffles & fruit

Taco Salad & fruit

Scones & fruit

COOK'S CHOICE

Cougar Tails & fruit

**Hawaiian Chicken
Sandwich
Veggie & fruit**

Cinnamon flop & fruit

**Stroganoff, hot roll,
veggie & fruit**

Pancakes & fruit

**Teriyaki Dippers, hot roll,
Veggie & fruit**

Breakfast bar & fruit

**Seafood Pasta,
hot roll, veggie & fruit**

Cougar Muffin & fruit

COOK'S CHOICE

Cheese Toast & fruit

**Nachos
veggie & fruit**

Omelet & fruit

**Chicken Stew, hot roll,
veggie & fruit**

Cornbread & fruit

**Turkey Wrap,
veggie & fruit**

French toast & fruit

**Crispy Chicken
Salad, hot roll & fruit**

Biscuits & Gravy, fruit

COOK'S CHOICE

Maple Bar & fruit